



Parent Participation

We find that the best progress towards a child's goals is made with strong collaboration between the family and the therapist. This is best accomplished by parents and caregivers being engaged in the therapeutic process. Parents should engage as active observers of their child's OT session.

In order to achieve this engagement and collaboration, we require one parent or primary caregiver to enter the treatment room and be present in the session.

The OT session is an optimal time for parents and therapists to review a child's progress, challenges, and carryover strategies. The accompanying caregiver must remain in the treatment room with the therapist and child for the duration of the session. In some occasional instances, specific permission may be granted by the primary therapist to waive this parent observation requirement, based on clinical judgment.