

SCRAM!

Motor Planning Game



Addresses:

- Memory
- Motor Planning
- Following Directions
- Sequencing Actions

Ages: Kindergarten and older

Number of Players:

1 or more children can play.



SCRAM!

Motor Planning Game

How to Play

How to Win:

Competitive Version-The adult will designate the number of rounds to be played. Each time the child successfully completes the "Scram" 3 part motor task he/she will keep the 3 cards. The student with the most cards at the end of the designated rounds is the winner.

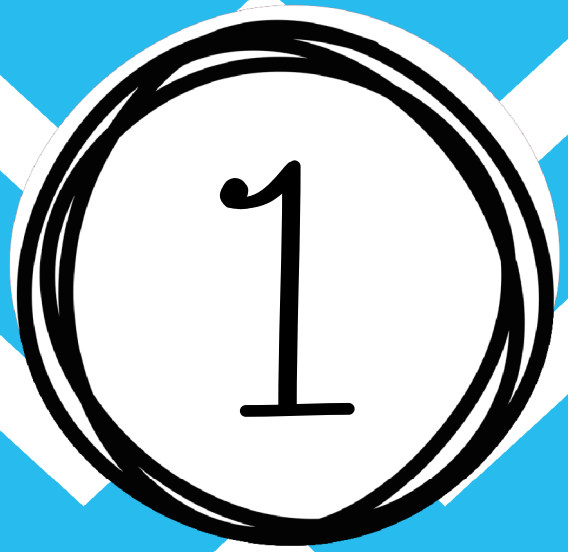
Non-competitive Version-There will be no official winner. The student's reward is the pride he/she takes in participating in these tricky tasks. The adult will decide how many rounds will be played.

Materials Needed: Game cards/open space

Directions:

1. Adult prints out game cards on card stock or other heavy paper; lamination is suggested. The cards must be printed double-sided with the number on one side and direction on the other.
2. Cards are sorted into three piles by color.
3. During his/her turn the child will pick three different colored cards. Each will be labeled #1 (blue), #2 (pink), and #3 (green).
4. He/she will read aloud the directions on card #1, then #2, and finally #3. Provide assistance with reading as needed.
5. Once the directions are read, he/she is expected to remember the directions and execute the task correctly. The adult yells "SCRAM" and the child is on their way!
6. Have Fun!





Walk
Forward

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Walk
Backward

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Walk
Sideways

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Spin In
a Circle

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Jump
Forward

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March
Forward

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Your Tip
Toes

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Skip

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Walk on
Your
Heels

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Walk on
Your
Knees

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Toes

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Jump
Backwards

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With Your
Hands on
Your Head

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Ten Times

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With Your
Hands on
Your Hips

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Five Times

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With your
Hands
Clapping

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Seven Times

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With Your
Hands Behind
Your Back

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Six Times

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With Your
Arms Crossed
Across Your
Chest

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With Your
Hands behind
Your Neck

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With Your
Arms Straight
Above Your
Head

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Waving Your
Hands in The
Air

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While
Humming

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While Saying
the ABC's

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While Smiling

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While
Frowning

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While
Laughing

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While
Singing

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While Meowing
Like a Cat

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While Barking
Like a Dog

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While
Whistling

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While
Singing "La La
La La La"

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While
Counting from
1 to 10

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While
Counting
backwards
from 10 to 1

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