

Name of activity: Plastic Egg Boats

Purpose / Key words: fine motor, executive functioning, oral motor, self-regulation

Age range: K- grade 2, grades 3-5

Materials

- Plastic eggs
- PlayDoh
- Cardstock
- Tape
- Straws
- Scissors
- Plastic bin
- Water



Instructions

1. Fill half of a plastic egg with some PlayDoh
2. Cut a straw into small pieces (approximately 1.5 inches in length)
3. Stick one piece of the straw into the PlayDoh
4. Draw a small triangle onto the cardstock and cut it out
5. Tape the triangle you made onto the straw to act as the sail of your boat
6. Fill a plastic bin with water and place your plastic egg boat inside! You can also use a bathtub if you do not wish to use a plastic bin. Does your boat float?
 - a. If the boat doesn't float, encourage the child to problem solve and prompt the child as needed.
 - b. Hint: There only needs to be a small amount of PlayDoh at the bottom of the plastic egg so that the boat floats

Activity Modification

- **To simplify**
 - Give the child prompts on how to make the plastic egg boat float
 - Have the sail and straws pre-cut, prior to beginning the activity with the child
- **To make more challenging**
 - Allow the child to problem solve how to get the plastic egg boat to float
 - Have the child create wind and move their boat around the bin of water by blowing through a straw
 - Encourage the child to investigate how the boat moves with long/short breaths of "wind" or harder/softer breaths of "wind"

- Have the child use a spray bottle filled with water to move the boat around the bin of water to add an extra fine motor component

Link /resource: <https://www.theottoolbox.com/plastic-egg-boats-with-oral-motor/>