

Name of activity: Pom Pom Transfer



Purpose / Keywords: fine motor, motor planning, crossing midline, bilateral integration

Age range: K- grade 2

Materials

- Spoon (or kitchen utensil for scooping)
- Empty container
- Muffin tin, egg carton, etc
- Pom poms or cotton balls

Instructions

- Fill empty container with pom poms
- Have child scoop pom poms up with a spoon
- Transfer pom pom to muffin tin
- Continue until muffin tin is filled

Activity Modification

To simplify

- Complete task hand over hand
- Increase size of spoon
- Decrease # of pom poms

To make more challenging

- Place empty container in a position where child has to reach or cross midline

- Have child use tweezers to transfer pom poms
- Incorporate different size pom poms or items
- Have child make a colored pattern in muffin tin
- Make it a race by using a timer

Link /resource