Name of activity: <u>Pencil Obstacle Course</u>

Purpose / Key words: fine motor, visual motor, visual perceptual, executive functioning

Age range: K- grade 2, grade 3-5

Materials:

- Printed worksheet (attached below)
- Pencil

Instructions:

1. Follow instructions indicated on the obstacle course worksheet

Activity Modification:

- To simplify
 - Hand-over-hand assistance for more difficult lines, i.e. spirals
 - Adult can write the more difficult lines first, and the child can trace over them

• To make more challenging

- Challenge the child to create and draw their own pencil obstacle course
 - Be as creative as possible!

