

## **Name of activity: Alphabet Hole Punching**

**Purpose / Key words:** fine motor, visual perceptual

**Age range:** K- grade 2

### **Materials:**

- Alphabet worksheet (printed)
- Hole punch
- Pencil

If simplifying:

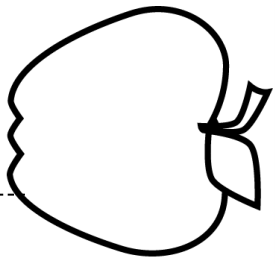
- Pen, golf tee, or stylus
- Cardboard or foam to place behind worksheet

### **Instructions:**

1. For each row, the child may color the picture and trace the letters of the word below
  - a. Encourage fill-in coloring; “no white spaces”
2. The child next must scan that row for the uppercase and lowercase letters that the picture started with, hole punching each one found
3. Continue for each row

### **Activity Modification:**

- **To simplify**
  - If squeezing the hole punch is too difficult, the child can poke holes through each letter using a pen or golf tee
    - Place the foam/cardboard behind the worksheet so that the child can poke holes through the paper
    - When using the pen or golf tee, encourage the child to use a mature grasp on the utensil
- **To make more challenging**
  - On the back of the worksheet, the child can practice writing the letters, or the words
  - Place a piece of masking tape over each word to allow the child to practice writing the word designated by the picture



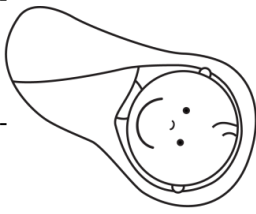
apple

L A Q W A J Z A P D A

Hole punch all the upper and lower case letters this picture starts with.

a i o e a d n a a i g

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baby

B P S Q B B H B J K

Hole punch all the upper and lower case letters this picture starts with.

b d b p c e r b b d b

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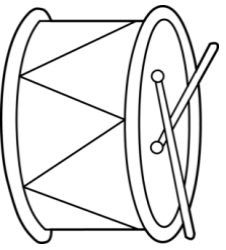
corn

O C E C C H X C N Q L

Hole punch all the upper and lower case letters this picture starts with.

c o a c c f g c i m z

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drum

D D L S D U O D B E A

Hole punch all the upper and lower case letters this picture starts with.

d b d f p d d h w d a

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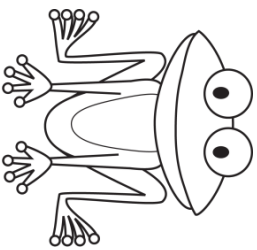
e e g g

E C B E P E L E Z A E

Hole punch all the upper and lower case letters this picture starts with.

e c g e e l v b e a e

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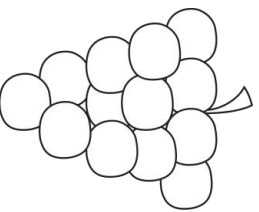
f r o o g

L F E E C P T G E E N

Hole punch all the upper and lower case letters this picture starts with.

a f e f y o w t f f l x

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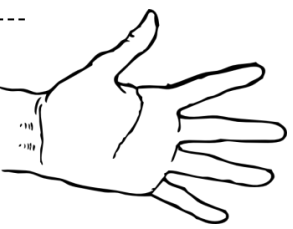
g r a p e s

G G C S G O L Q G M

Hole punch all the upper and lower case letters this picture starts with.

i g y g u c g g l w g

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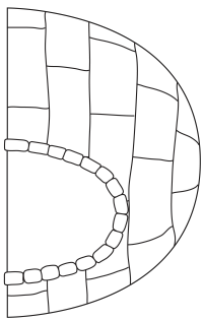
h a n d

A L H H U H T H V D I

Hole punch all the upper and lower case letters this picture starts with.

d n h h l v b h e y l u

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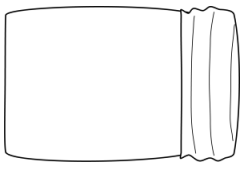
g j o o

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I I L T U V I W T I I E

Hole punch all the upper and lower case letters this picture starts with.

i l y i i f g r x v l i



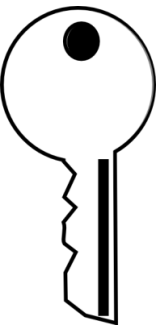
j o r

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L J T R S J X J C K J F J

Hole punch all the upper and lower case letters this picture starts with.

i k i j r t w i p s i f



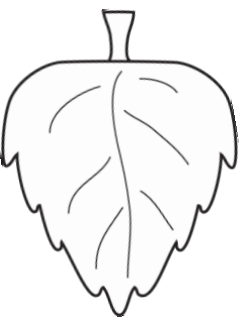
k e y

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K Y U K K U W X V K I

Hole punch all the upper and lower case letters this picture starts with.

l k r t k w q k k x z k l



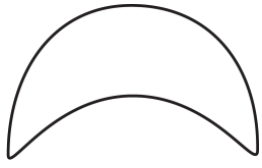
l e a f

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I L L R T L C L S U Y H

Hole punch all the upper and lower case letters this picture starts with.

p m n l e d l i l h c



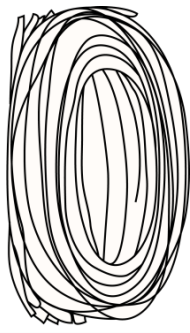
moon

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N M M W M V B O P M

*Hole punch all the upper and lower case letters this picture starts with.*

m n o e t m m u q w



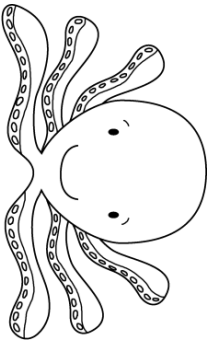
nest

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N M V U N N I E T G N

*Hole punch all the upper and lower case letters this picture starts with.*

a n n v u u o n n n c



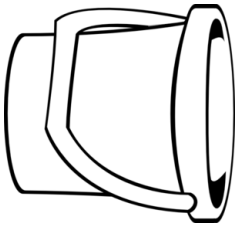
octopus

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O Q C O O P S X D F I

*Hole punch all the upper and lower case letters this picture starts with.*

e a o u l o o x o c o



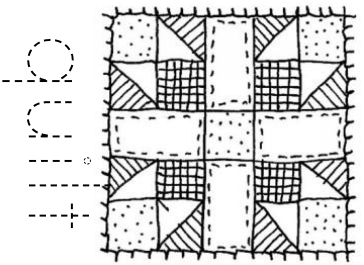
pair

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B P G E P P B N W G

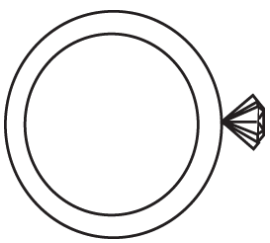
*Hole punch all the upper and lower case letters this picture starts with.*

d n p p q p q a l c p



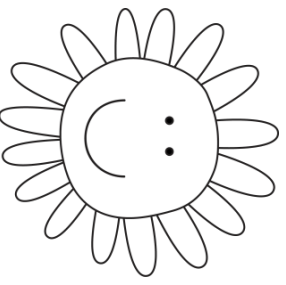
quilt

Q O O Q U C B Q Y N  
Hole punch all the upper and lower case letters this picture starts with.  
p q q b d q c l m q



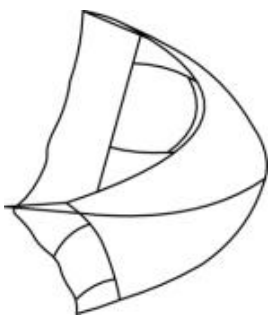
ring

P C R R I E M R S K L  
Hole punch all the upper and lower case letters this picture starts with.  
a r r r t c f l o r z o



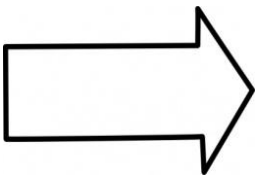
sun

S S C P S O D J C S E  
Hole punch all the upper and lower case letters this picture starts with.  
n z s z o p s k a s m



tent

L T T Y J T C N T I T N  
Hole punch all the upper and lower case letters this picture starts with.  
l t l e x t p w k t t t



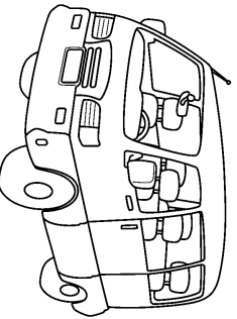
up

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U N U P Y T U V V S L

*Hole punch all the upper and lower case letters this picture starts with.*

n u u l u p u p v m q



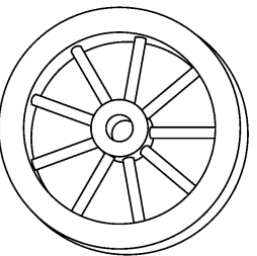
van

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V U W N V Q I V S F J

*Hole punch all the upper and lower case letters this picture starts with.*

u v u y n v x c l v w



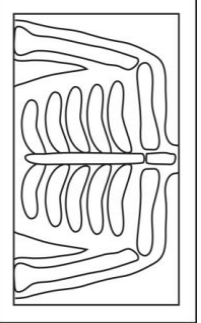
wheel

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M W M W H K N V W L

*Hole punch all the upper and lower case letters this picture starts with.*

w w u n m w x v w p s



x-ray

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U I X L N X M S D C X

*Hole punch all the upper and lower case letters this picture starts with.*

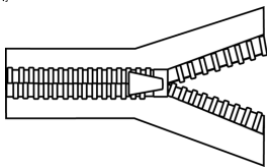
i x o x p x x s z f t x



Yo-yo

Y V N Y Y R T F H Y I  
Hole punch all the upper and lower case letters this picture starts with.  
v y y l y l s c b y x s

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Zipper

S F Z Z Z W R S U M W  
Hole punch all the upper and lower case letters this picture starts with.  
s s z l n x z l q z o p

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